

Finals Countdown

April 12, 10am-4pm

Check out this term's Exam Jam programming!

Collect 3 stamps when participating in activities or for each hour of study in the Student Learning Hub and enter to win a Lenovo tablet!

- Page 1: Drop-in Sessions
- Page 2: Drop-in Subject Tutoring & Activity Classes

Drop-in Sessions

10am-4pm
LIB 237

Drop in Academic Writing and Spanish Language Support

A Writing Consultant can help you sharpen your drafting, writing, and revising skills while learning strategies for navigating the confusing world of academic writing.

Spanish Language Consultants can help you practice pronunciation, understand language conventions for sentences, punctuation and spelling, and use reference tools effectively!

10am-4pm
LIB 237

Drop-in Citation Support

Do you have questions about citation style guides? How to cite a specific source? Stop by and chat with a librarian.

UBC Okanagan Librarians can help you evaluate, use, synthesize, create, and cite information sources

10am-4pm
Picnic in UNC

Picnic - Time to Unwind

Unwind and destress with Picnic! Do some painting, make your own trail mix, or make a wildflower seed bomb. Stop by and see what Picnic is all about!

10am-4pm
LIB 237

Academic Integrity Drop-in

Chat with an academic integrity expert and learn how to ace your assignments and tests with integrity. We can help with questions about using sources, quoting, paraphrasing, summarizing, in-text citations, and smart study/exam taking tips to avoid academic slip-ups!

10am-4pm
LIB 237

Subject Tutor Drop-ins
Details on the next page

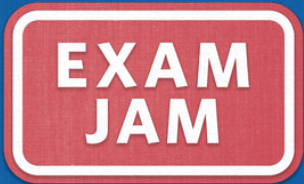
10am-3pm
ASC 167
(in the Psychology Clinic)

Drop-in Mental Health Support

A special Walk-In Wellness Service will be available as part of Exam Jam programming. The Walk-In Wellness Service provides brief (up to 30 minutes) mental health appointments with doctoral student clinicians (supervised by faculty registered psychologists).

Clients can receive support and/or strategies, tools, and resources for a variety of concerns including depression, anxiety, stress, self-care, and substance use.

For more information visit <https://psych.ok.ubc.ca/psychology-clinic/walk-in-wellness/>



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Drop-in Subject Tutoring - LIB 237

10:00am		Abrar 10am-12pm APSC, CHEM, MATH, PHYS	Zahra 10am-12pm COSC, MATH	
10:30am				
11:00am				
11:30am	George 11:30am-1:30pm ANTH, CULT, INDG, POLI, SOCI	Jesse 12pm-4pm DATA, EDUC, MATH, PSYO, STAT	Soumil 12pm-1pm COSC, MATH	
12:00pm				
12:30pm				
1:00pm				
1:30pm				
2:00pm				
2:30pm			Soumil 2:30pm-4pm COSC, MATH	
3:00pm				
3:30pm				

The specific classes that tutors can help with can be found in their QReserve profiles.
access.qreserve.com/ubcostudentlearninghub

Free Activity Classes With UBCO Recreation

9:45-10:45am	Sweat and Shine (Reese)
12-1pm	Strength (Jennifer)
1:30-2:30pm	Mobility (Lachlan)
3-4pm	Step Class (Layla)
4:10-5:10	Spin & Strength (Sydney)

recreation.ok.ubc.ca/fitness/group-fitness/