Tuum es! This Program Plan is designed to help shape your UBC experience, challenge yourself to try new things, and become the person and scholar you want to be to help make your time at UBC Okanagan yours. The Program Plan offers suggestions – you don’t have to do it all! The Program Plan includes four categories:

- **Explore the Major:** Explore what you’ll be studying and learning. Make connections between your program and future career or education opportunities and goals.
- **Connect and Build Community:** Making connections will help develop your support network throughout your studies and beyond.
- **Engage Locally and Globally:** Get ready for life beyond UBC by accessing programming and resources aligned with your goals, interests, and career pathways.
- **Develop Skills and Gain Relevant Experience:** Expand your capacity to understand the changing world and embrace different perspectives by seeking out new experiences and opportunities.

### Program highlights

#### Register in courses such as:
- *HIST 151 — Modern Latin American History*
- *ECON 260 — Poverty and Inequality*
- *SOCI 301 — Sociology of Development*

#### Complete a Certificate in Communication and Rhetoric

### Your career options

Build a broad foundation and acquire the skills to pursue careers in government foreign service, international organizations such as the United Nations or World Bank, global civil society such as Oxfam or Amnesty International, media, and international business.

Visit the [International Relations](#) webpage and scroll down to the “Your Career Options” heading for more employment information.

### Getting Started

**First-year standing**

Explore the [International Relations](#) program by visiting the [Department of Economics, Philosophy and Political Science](#) website and reviewing the admission requirements in the [Academic Calendar](#).

Learn more about your major requirements by logging into [Degree Navigator](#), and reviewing the [First-Year Planning Guides](#).

Book an appointment with an advisor to discuss program or career-related questions. Find the advisor that is right for you by reviewing advising options available.

Visit the [Student Learning Hub](#) throughout your degree for free supports from peers and professionals that include tutoring in math, sciences, languages, and writing.

### Moving Through Your Degree

**Second-year standing**

Once you have completed a minimum of 48 credits, contact the [International Relations Program Advisor](#) to apply to join the major.

Find unique courses to fill your elective requirements or add a minor.

Meet with an instructor or TA during office hours: ask a question, discuss an assignment, or go over lecture material.

[International Students: Contact [International Student Advising](#) to review your study status.]

Considering further education? [Find graduate programs at UBCO](#) and beyond. Research application requirements, admissions information, and funding options.

### Moving Through Your Degree

**Third-year standing**

Explore a topic of interest in depth by participating in an [Undergraduate Research](#) opportunity.

Explore [Co-op opportunities](#) to strengthen your skills and build your work experience by applying to the [Co-operative Education Office](#). Applications open in September to students with 3rd year standing or higher.

Study abroad by participating in a [Go Global](#) program such as exchange, faculty-led global seminar, or research abroad.

[Receive training and support](#) to help develop career and employment readiness by participating in the [Arts Career Apprenticeship Program](#).

### Preparing for Graduation and Your Future

**Fourth-year+ standing**

Market yourself to employers by reflecting on your UBCO experience and identifying the skills and knowledge you developed through the activities you participated in. Meet with a [Career Development Specialist](#) for help with your resume, cover letter, and job search strategy.

Schedule an appointment with an advisor the term before you plan to graduate to ensure that you will meet all academic graduation requirements.

Review graduation eligibility requirements and deadlines before you [apply to graduate](#) and learn about convocation.

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**Legend**

- Experiential Education opportunities are highlighted with a 🚀 symbol.
- Plan ahead! Statements highlighted with a 🌟 symbol must be completed during a specific term(s) or have an associated deadline.
Explore Experiential Education
Participate in hands-on, immersive learning experiences.

Explore high-impact, “learn-by-doing” experiences that take your education beyond the classroom. Whether on- or off-campus, paid or volunteer, participating in directed experiences and focused reflection helps to increase knowledge, develop skills, clarify values, and build your capacity to contribute to your communities. Experiential Education opportunities are highlighted with a ☝ symbol. Most opportunities highlighted below can be pursued at any time. Opportunities with timelines or deadlines are noted with a 🕒 symbol.

Getting Started:
Explore new opportunities and interests.

New to UBC? ☝ Participate in orientation and transition programming to connect with other students and get involved in the campus community. Find on-campus events to meet new people and get involved with the campus community using the Events Calendar. Meet a Student Connector at Student Connect for help with navigating campus and to learn more about the opportunities available at UBC Okanagan. Follow @UBCOSudens on Instagram for campus tips, opportunities, and event updates. Attend a Heat Varsity Athletics game. Admission is free with your student UBC Card.

Connect with the Academic & Career Development team for support with exploring opportunities that will help you achieve your career or education goals. Planning to live on campus? Apply to join a Living Learning Community. Apply to the Work Study program to build skills and grow your professional network with paid on-campus positions that work around your class schedule. Apply to Entrepreneurship@UBCO to explore your start-up ideas through mentorship and training programs. Book an appointment with a Learning Strategist at any stage in your degree for help with study skills and learning strategies. Book an appointment with a Learning Strategist at any stage in your degree for help with study skills and learning strategies. Planing to live on campus? Apply to join a Living Learning Community.

Develop Interests and Broaden Perspectives:
Get more involved and build your skills and connections.

Branch out, get involved in student life, and have fun by joining a student association such as the International Relations Student Association to meet peers and participate in events and activities. Get active! UBCO Recreation offers activities like intramural sports, fitness classes, and other special events and activities. Build your networking skills with alumni working in careers in your desired industry by using Ten Thousand Coffees and LinkedIn or by attending career events and workshops. Commuting? Visit Colleagues spaces on campus to relax, study, and socialize with others. Planing to live on campus? Apply to join a Living Learning Community.

Immersive Experiences:
Take part in unique opportunities and programs. Find ways to immerse yourself in your experiences.

Explore professional associations such as the Canadian Association for the Study of International Development for more information about potential careers, networking and professional development opportunities, and more. Give back to the campus community by volunteering or applying to work on campus: Student & Alumni Job Board. Engage with your community in a meaningful way and help to create social change by participating in the Community Service Learning program. Create your own student association, study group, or social club to connect with peers.

Experiential Education opportunities are highlighted with a ☝ symbol. Most opportunities highlighted below can be pursued at any time. Opportunities with timelines or deadlines are noted with a 🕒 symbol.

Connect to Truth and Reconciliation and.

Connect to find on-campus opportunities for personal and career development.
Connect with the Academic & Career Development team for support with exploring opportunities that will help you achieve your career or education goals.

Looking to volunteer, intern, or gain work experience? Assess what experience you have and fill any gaps by participating in Career Development workshops and finding opportunities on the Student & Alumni Job Board.

Apply to the Work Study program to build skills and grow your professional network with paid on-campus positions that work around your class schedule. Apply to Entrepreneurship@UBCO to explore your start-up ideas through mentorship and training programs. Book an appointment with a Learning Strategist at any stage in your degree for help with study skills and learning strategies. Book an appointment with a Learning Strategist at any stage in your degree for help with study skills and learning strategies. Planing to live on campus? Apply to join a Living Learning Community.

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Apply to the Team Est Initiative Fund for funding support to attend a conference, fund a student-led program, or represent UBC Okanagan at an academic competition. Find other work opportunities or apply to the co-op program to strengthen your resume. Summarize and organize your academic and out-of-classroom experiences and accomplishments in a resume, CV, or portfolio with help from a Career Development Specialist. Gain leadership experience by running for an executive position in a student association or the Student Union Okanagan (SUO).

Learn about UBCO’s commitments to Truth and Reconciliation and Indigenous initiatives. Explore course options and electives that broaden your own perspectives and worldviews.
Learn about programs and supports available through the Equity & Inclusion Office.

Participate in cross-cultural initiatives organized by the Global Engagement Office (GEO) to increase cultural awareness and grow professionally. Get involved with Student Union Okanagan (SUO) resource groups:
- Indigenous Peoples Collective (IPC)
- Peer Support Network (PSN)
- Pride Resource Centre (PRC)
- Women’s Resource Centre (WRC)
- Sex Positive Centre (SPC)

Join the Got Involved Program: sign up for volunteer projects in the Okanagan. Attend Selkirk community events to get connected and learn about different cultures, activities, and experiences that make the Okanagan unique. Build your cross-cultural skills and intercultural fluency by participating in the Intercultural Development Program.