The Bachelor of Arts, General Studies program is for students who wish to pursue a general liberal studies program. In addition to fulfilling the foundational and distribution requirements for the B.A. degree, students completing the B.A. General Studies program must successfully complete 48 credits of courses numbered 300 or higher of which 36 credits must be in either two or three concentrations.

Program highlights

Choose to focus your concentrations in the following disciplines: Anthropology, Art History and Visual Culture, Creative Writing, Cultural Studies, Media Studies, Economics, English, French, Geography, Gender and Women's Studies, German, History, Indigenous Studies, Japanese Studies, Mathematics, Philosophy, Political Science, Psychology, Sociology, Spanish, Theatre, or World Literature. Visit the Academic Calendar for more details.

Your career options

The General Studies major provides a broad foundation with an interdisciplinary framework applicable to a wide range of occupations. This degree is appropriate for students planning to continue study in professional areas, such as law and teaching.

Getting Started
First-year standing

To declare the General Studies major contact an Academic & Career Advisor after completing 48 credits.

To explore the General Studies major review the Academic Calendar.

Learn more about your major requirements by logging into Degree Navigator and reviewing the First-Year Planning Guides.

Book an appointment with an advisor to discuss program or career-related questions. Find the advisor that is right for you by reviewing advising options available.

Visit the Student Learning Hub throughout your degree for free supports from peers and professionals that include tutoring in math, sciences, languages, and writing.

Moving Through Your Degree
Second-year standing

To explore a topic of interest in depth by participating in Undergraduate Research, apply for an Undergraduate Research Award to fund your research.

Explore co-op opportunities to strengthen your skills and build your work experience by applying to the Co-operative Education Office. Applications open in September to students with 3rd year standing or higher.

Study abroad by participating in a Go Global program such as exchange, faculty-led global seminar, or research abroad.

Receive training and support to help develop career and employment readiness by participating in the Arts Career Apprenticeship Program.

Major description

The Bachelor of Arts, General Studies program is for students who wish to pursue a general liberal studies program. In addition to fulfilling the foundational and distribution requirements for the B.A. degree, students completing the B.A. General Studies program must successfully complete 48 credits of courses numbered 300 or higher of which 36 credits must be in either two or three concentrations.

Looking for support?

UBC Okanagan provides a broad range of support services for students from admission through to graduation. Ranging from help with academics and careers to physical and emotional resources, visit Student Support and Resources for a full list of helpful supports. Some examples are included below:

- Academic & Career Development provides academic and career support for all undergraduate students
- Indigenous Programs & Services provides academic support to self-identified First Nations, Métis, and Inuit students
- International Student Advising supports international students with immigration, employment in Canada, and more
- Faculty Program Advisors provide faculty-specific academic support
- Disability Resource Centre assists with disability-related accommodations and programming initiatives to help remove barriers for students with disabilities and ongoing medical conditions
- Counsellors help students examine and explore their behaviors, relationships, feelings, or thoughts that cause concern or challenges
- Financial support is available to help students learn to budget, pay tuition, or apply for awards and scholarships

How to use the Program Plan:

Tuun est! This Program Plan is designed to help shape your UBC experience, challenge yourself to try new things, and become the person and scholar you want to be to help make your time at UBC Okanagan yours. The Program Plan offers suggestions — you don’t have to do it all!

The Program Plan includes four categories:

- Explore the Major: Explore what you’ll be studying and learning. Make connections between your program and future career or education opportunities and goals.
- Connect and Build Community: Making connections will help develop your support network throughout your studies and beyond.
- Engage Locally and Globally: Get ready for life beyond UBC by accessing programming and resources aligned with your goals, interests, and career pathways.
- Develop Skills and Gain Relevant Experience: Expand your capacity to understand the changing world and embrace different perspectives by seeking out new experiences and opportunities.

Legend

Experiential Education opportunities are highlighted with a symbol. Plan ahead! Statements highlighted with a symbol must be completed during a specific term(s) or have an associated deadline.

Undergraduate Programs and Admissions: you.ubc.ca
Explore Experiential Education
Participate in hands-on, immersive learning experiences.

Explore high-impact, “learn-by-doing” experiences that take your education beyond the classroom. Whether on- or off-campus, paid or volunteer, participating in directed experiences and focused reflection helps to increase knowledge, develop skills, clarify values, and build your capacity to contribute to your communities. Experiential Education opportunities are highlighted with a symbol.

Most opportunities highlighted below can be pursued at any time. Opportunities with timelines or deadlines are noted with a symbol.

Getting Started:
Explore new opportunities and interests.

New to UBC? Participate in orientation and transition programming to connect with other students and get involved in the campus community. Find on-campus events to meet new people and get involved with the campus community using the Events Calendar.

Meet a Student Connector at Student Connect for help with navigating campus and to learn more about the opportunities available at UBC Okanagan. Follow @UBCOStudents on Instagram for campus tips, opportunities, and event updates.

Attend a Heat Varsity Athletics game. Admission is free with your student UBCcard.

Develop Interests and Broaden Perspectives:
Get more involved and build your skills and connections.

Branch out, get involved in student life, and have fun by joining a student association or the Career Development team for support with exploring opportunities that will help you achieve your career or education goals.

Looking to volunteer, intern, or gain work experience? Assess what experience you have and fill any gaps by participating in Career Development workshops and finding opportunities on the Student & Alumni Job Board.

Apply to the Work Study program to build skills and grow your professional network with paid on-campus positions that work around your class schedule.

Apply to Entrepreneurship@UBC to explore your start-up ideas through mentorship and training programs.

Book an appointment with a Learning Strategist at any stage in your degree for help with study skills and learning strategies.

Investigate requirements for full-time jobs or other opportunities related to careers of interest by looking at job boards and employer websites.

Summarize and organize your academic and out-of-classroom experiences and accomplishments in a resume, CV, or portfolio with help from a Career Development Specialist.

Gain leadership experience by running for an executive position in a student association or the Student Union Okanagan (SUO).

Immersive Experiences: Take part in unique opportunities and programs. Find ways to immerse yourself in your experiences.

Explore professional associations in fields of interest for more information about potential careers, networking and professional development opportunities, and more.

Give back to the campus community by volunteering or applying to work on campus: Student & Alumni Job Board.

Engage with your community in a meaningful way and help to create social change by participating in the Community Service Learning program.

Create your own student association, study group, or social club to connect with peers.

Connect your experiences
Whether you’re new-to-UBCO or nearing graduation, reflect on the questions below to help connect your values, interests, and education to your future career or personal goals. Practicing reflection can help deepen your learning, strengthen your connections, and encourage life-long learning. These reflection questions are meant to help you build a UBC Okanagan experience that is unique to you.

• What are you hoping to learn as you progress through your degree?
• What kind of career are you interested in after completing your degree?
• How will the skills and knowledge you acquire during your studies help you in your career after graduation?
• What relationships and experiences are you hoping to gain from your time at university?

Use the Program Plan regularly throughout your time at UBC to build an experience that is fulfilling and rewarding.

Learn about UBCO’s commitments to Truth and Reconciliation and Indigenous initiatives. Explore course options and electives that broaden your own perspectives and worldviews.

Learn about programs and supports available through the Equity & Inclusion Office.

Participate in cross-cultural initiatives organized by the Global Engagement Office (GEO) to increase cultural awareness and grow professionally.

Get involved with Student Union Okanagan (SUO) resource groups:
• Indigenous Peoples Collective (IPC)
• Peer Support Network (PSN)
• Pride Resource Centre (PRC)
• Women’s Resource Centre (WRC)
• Sex Positivity Centre (SPC)

Join the Get Involved Program: sign up for volunteer projects in the Okanagan.

Attend Selwyn community events to get connected and learn about different cultures, activities, and experiences that make the Okanagan unique.

Build your cross-cultural skills and intercultural fluency by participating in the Intercultural Development Program.