WHAT TO EXPECT IN YOUR STUDENT’s FIRST YEAR AT UBC

Parent Conference 2019

IAN CULL ASSOCIATE VICE PRESIDENT STUDENTS
OVERVIEW

• Review some Frequently Asked Questions
• Provide information
• Provide you with important resources
OVERALL STUDENT HEADCOUNT ENROLMENT: 2019 WINTER SESSION (PRELIMINARY)

633
Our largest incoming international undergraduate class to-date

552
Self-identified Indigenous students

1,680
Students living on-campus

Totals are valid as of August 19, 2019.
WE ARE A DESTINATION UNIVERSITY: 2019 ADMISSIONS CYCLE (PRELIMINARY)

New-to-UBC, direct-entry students.
Totals are valid as of August 13, 2019.
TOP QUESTIONS FROM PARENTS

- Are they going to be safe?
- Are they going to be happy?
- Are they going to be successful?
- How are they (we) going to afford university life?
- Where do I/we fit in? The changing role of the parent
PERSONAL SAFETY

Campus Security Services

- Blue phones
- Video Surveillance Resources
- Walk Home Services
- UBC Safety APP (UBC Safe)

- RCMP Detachment

- Sexual Violence Prevention and Response Office (sexual misconduct, violence and assault)
HEALTH AND MENTAL HEALTH

• What we know about our incoming class from the New to UBC Survey
• Stress, anxiety, depression, and major illness
• What happens if your child gets sick?
• Emergency assistance and resources
  • Health and Wellness
  • Disability Resource Centre
  • Municipal Walk-in Clinics
  • Kelowna General Hospital
ARE THEY GOING TO BE SUCCESSFUL?

• University 101 Virtual Orientation
• First-year drop (the Scale of Disappointment)
• Resources available!
  • Faculty
  • Academic Advising
  • Student Learning Hub
  • Study groups
  • Counselling
  • Librarians
  • Inclusive Technology Lab
  • Early Alert Program
FINANCES

• A university education is a four or five year investment
• Resources for budgeting assistance and emergency assistance
• UBCO Job Board
  • On-campus part-time employment – <12 hrs per week
  • Off-campus opportunities
• Specific resources – on-line cost calculator
• Student Services and Financial Support
• Housing
AS A PARENT, WHERE DO I FIT IN?

• As your child experiences University you get to go along for the ride.
• Can I monitor my child's progress?
• I am paying the bills, why can't I get information?
• Why won't my child call me? or……
• Why won't my child stop calling me?
IT WILL BE AN EMOTIONAL YEAR

Keep in mind, good or bad…

“This too shall pass.”

Students do better when they are engaged with our university community. So encourage them to join clubs, seek out the Student Experience Office, join the Gym, volunteer, join or create study groups. The more pleasant events they can experience the better they will do both inside and outside of the classroom. You can help by being a good cheerleader and encouraging them to seek out opportunities.
STAYING IN TOUCH / LEARNING MORE

• Phone calls, Facebook, Skype, Texting, Social Media – Instagram, Snapchat, etc.
• Books
  • Don't Tell Me What to Do, Just Send Money by Helen Johnson and Christine Schelhas-Miller (2011)
  • You're on Your Own but I'm Here if You Need Me: Mentoring Your Child During the College Years by Marjorie Savage (2009)
  • When Your Kid Goes to College: A Parent's Survival Guide by Carol Barkin (1999)
LEARNING MORE

The iConnected Parent: Staying Close to Your Kids in College (and Beyond) While Letting Them Grow Up (2011)

Emptying the Nest: Launching Your Young Adult toward Success and Self-Reliance (2010)
The University Parent Guide to Supporting Your Student's Freshman Year (2014)

LEARNING MORE

Parent's Guide to Letting Go (University of Wisconsin):
https://www.uwsuper.edu/fye/parents/upload/Letting-Go-FLSouthern.pdf

9 Tips on How to Be a Good College Parent (Washington Post):

Parenting a College Student (Emory University YouTube video):
https://www.youtube.com/watch?v=QRBLuDqqfLI
TAKE AWAYS

• This is a campus where we send our own children
• We believe in the values and community of our campus
• We want what you want: happy, healthy, successful students
• Your role is changing (still) but it is important that you keep being there. You aren’t done quite yet.

Connect with us if you are concerned
  • Ian Cull, Associate VP Students
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QUESTIONS?

Thanks for your attention and welcome to UBC!

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