SEXUAL VIOLENCE ON CAMPUSSES – HOW PARENTS MATTER

Parent Conference 2019

SHILO ST.CYR, DIRECTOR
SEXUAL VIOLENCE PREVENTION AND RESPONSE OFFICE
OVERVIEW

- Who am I?
- Rates of Sexual Assault on Campuses
- UBCO prevention initiatives
- UBCO response programming
- Partners in Responding
  - What can you do and say?
SEXUAL VIOLENCE PREVENTION AND RESPONSE OFFICE (SVPRO)

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SEXUAL ASSAULT ON CAMPUS - US

UP TO 25% of women are sexually assaulted during their university career. Most occur when the victim is alone with someone they know.

6.1% of male students in college and university experience some form of sexual assault.

25% of transgender students have experienced sexual assault in US colleges and universities.

OVER 1/2 of post-secondary sexual assaults involve drugs or alcohol.

FIRST 8 weeks of class are when the most assaults occur.
SEXUAL ASSAULT AT UBC OKANAGAN

- From December 2017 – May 2018 at SVPRO

DISCLOSING

Sharing with someone else, looking for resources and support
37 disclosures

REPORTING

Formal process that may lead to investigation and may lead to formal disciplinary or legal consequences
9 reports (2 Police; 7 UBC)

THE SURVIVOR HAS FULL CONTROL
CREATION OF A NEW POLICY:

The Sexual Assault Policy Committee was convened to develop a new sexual assault policy for the university. The committee included 11 members from both campuses.

Deadline was June 2016 to produce the first draft of the policy.

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### UNIVERSITY SEXUAL ASSAULT POLICY COMMITTEE

<table>
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<tr>
<th>2016 JANUARY</th>
<th>APRIL</th>
<th>JUNE</th>
<th>OCTOBER</th>
<th>2017 FEBRUARY</th>
<th>MARCH</th>
<th>APRIL</th>
<th>MAY</th>
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### UNIVERSITY SEXUAL ASSAULT PANEL

The University Sexual Assault Panel was appointed by then-President Martha Piper to undertake a review of sexual assault and make recommendations for university policy and practice.

The panel comprised of five faculty members and one graduate student representing three faculties and one school.

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### UBC STEERING COMMITTEE ON SEXUAL ASSAULT

The UBC Steering Committee was established by President Ono to recognize and bring together the richness of work happening across the university around issues of sexual assault.

The Steering Committee is responsible for providing input to the sexual assault policy and creating an action plan to address the recommendations from the University Sexual Assault Panel.

The committee is comprised of 17 members including students, faculty and staff from both campuses.

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Policy 131 comes into effect
ZERO TOLERANCE FOR SEXUALIZED VIOLENCE

UBC strives to maintain a respectful environment where its members can study, work and live free from sexual misconduct. Policy 131:

• sets out the principles the University will adhere to with regard to sexual misconduct

• articulates conduct expectations for all members of the UBC community

• outlines the process and commitments the University will follow when responding to and investigating allegations of sexual misconduct
UBC PREVENTION INITIATIVES

- Workshops
  - Healthy Relationships & Consent
  - Responding to Disclosures
  - It begins with U: Upstander Intervention
UBC PREVENTION INITIATIVES

• Campaigns
  • “We Believe You” - Introduces concept of Empathy consistent with #MeToo

If you have been sexually assaulted,
WE BELIEVE YOU
You are not alone.
svpro.ok.ubc.ca
UBC PREVENTION INITIATIVES

• Campaigns
  • “Consent is Clear”
WHAT IF IT DOES HAPPEN?
“...a single point of contact for survivors of sexual assault and other forms sexual misconduct....”
SUPPORTS AND RESOURCES ON CAMPUS

**Health and Wellness**
337 University Centre
250-807-9270

**Counselling**

**OMBUDSPERSON**
Cindy Pearson Leonard
University Centre Rm 217
Tel: 250 807 9818
Email ombuds.office.ok@ubc.ca
REPORTING TO UBC

If someone has been sexually assaulted and would like to report it, there are places for them to go.

Website: investigationsoffice.ubc.ca
Email: director.of.investigations@ubc.ca
HOW PARENTS MATTER

Listen
Believe
Refer
LISTEN

- Be patient and allow them to lead the conversation
- Avoid pressing for details
- Respond with Empathy

“I am so glad you are telling me. You are not to blame. I am here to support you. I love you.”
BELIEVE

- Validate and normalize their feelings and responses
- Assure them it was not their fault
REFER

- Explore their safety
- Talk about their options
- Connect them with support

“How safe do you feel right now?

“Maybe we can call SVPRO. Do you want to do it together?”
YOUR RESPONSE MATTERS

- Creates connection
- Has a positive impact - safety and healing
- Lessens the impact of trauma
- Increases awareness and access to critical campus responses
CONFIDENTIALITY

- Let them decide who they want to share it with
- Third Party Authorization does not apply
  - We need consent to release info
- Limits to Confidentiality
Sexual Violence Prevention and Response Office can support you if you have been sexually assaulted, if you witnessed a sexual assault, or if you’re support someone who discloses.

Office: Nicola Townhome 120
Telephone: 250 - 807 - 9640
Email: svpro.okanagan@ubc.ca
Website: svpro.ok.ubc.ca
On-Campus Resources

• SVPRO
• Independent Investigations Office
• Campus Security
• Health and Wellness
• Disability Resource Centre
• Equity and Inclusion Office
• UBCSUO Women’s Resource Centre
• UBCSUO Pride Resource Centre

Off-Campus Resources

• VictimLink 24-Hr Crisis Line
• Sexual Assault Response Team – KGH or VJH
• Kelowna RCMP Detachment
• Opt Clinic
• Central Okanagan Elizabeth Fry Society
• Kelowna Family Centre
• BC Society for Male Survivors of Sexual Abuse
THANK YOU!

Questions?