

KEYNOTE DESCRIPTION

Keynote: What to Expect From UBC as Your Student Starts First Year

Parental support of first-year students is critical to their social, emotional, and academic success. We will help you understand UBC's expectations, your evolving parental role, and outline how you can maintain much-needed support as your student starts their first year at UBC.

WORKSHOP DESCRIPTIONS

Aboriginal Student Experience

The Aboriginal Programs and Services team is here to support First Nations, Métis, and Inuit students as they make their transition to university. Join us as we explore the Aboriginal student experience at UBC Okanagan and answer your questions about scholarships, funding, and more.

Presented by:

[Aboriginal Programs and Services - students.ok.ubc.ca/aboriginal](https://students.ok.ubc.ca/aboriginal)

Academic Expectations, Resources and Support for Your Student

The university experience presents teaching and learning methods that are new to most first-year students. What will be expected of your student in the classroom? Where can they find the resources they will need to improve their learning skills? What are some characteristics of successful students at UBC? Learn more about the academic services and supports that can help your student navigate their academic career in a student-driven, teacher-supported learning environment both inside and outside the classroom.

Presented by:

[Advising and Involvement Centre - students.ok.ubc.ca/aic](https://students.ok.ubc.ca/aic)

[Disability Resource Centre - students.ok.ubc.ca/drc](https://students.ok.ubc.ca/drc)

[Learning support services - students.ok.ubc.ca/learning-supports](https://students.ok.ubc.ca/learning-supports)

[Library - library.ok.ubc.ca](https://library.ok.ubc.ca)

Commuter Student Experience

Students who live off campus experience university through a different lens from those in residence, often balancing the demands of school and life at home. Join us as we explore opportunities specifically for commuters and some suggestions on how to best support your commuting student.

Presented by:

[Student Experience Office - students.ok.ubc.ca/student-experience](https://students.ok.ubc.ca/student-experience)

Financial Frequently Asked Questions

Join us for a presentation where we answer commonly asked questions about tuition and housing fee due dates, meal plans, medical/dental coverage and opting out, and UBC's General Bursary program.

Presented by:

[Awards and Financial support - students.ok.ubc.ca/finance](https://students.ok.ubc.ca/finance)

[Food Services - ubco.campusdish.com](https://ubco.campusdish.com)

[Parking Services - parking.ok.ubc.ca](https://parking.ok.ubc.ca)

[UBC Okanagan Students' Union - www.ubcsuo.ca/health-dental](https://www.ubcsuo.ca/health-dental)

[Student Housing and Hospitality Services - okanagan.housing.ubc.ca](https://okanagan.housing.ubc.ca)

WORKSHOP DESCRIPTIONS CONT.

Navigating a Degree Toward a Career

There are lots of detours on the journey towards graduation and it's easy to get lost along the way. When students are overwhelmed by the multiple paths that they can take, we can help. Attendees will learn about academic and career planning, on-campus employment, and helping your student stay on track. Find out about the resources provided by the Advising and Involvement Centre and how they can help successfully guide your student from backpack to briefcase and beyond.

Presented by:

[Career Services - students.ok.ubc.ca/careers](https://students.ok.ubc.ca/careers)

[Advising and Involvement Centre - students.ok.ubc.ca/aic](https://students.ok.ubc.ca/aic)

Residence Experience

One of the most frequent queries that we receive from parents and families is, "How can I support my student in residence?" This session includes basic information on the Residence Life program and facilities, resources available to students, and helpful tips for parents. Q&A period to follow.

Presented by:

[Student Housing and Hospitality Services - okanagan.housing.ubc.ca](https://okanagan.housing.ubc.ca)

Sexual Violence on Campuses – How Parents Matter

Sexual Violence has no place at UBCO, but you and your student do. Join Shilo St. Cyr and Jenica Frisque as they explore the new sexual assault policy, sexual violence, safety and student life while sharing what prevention programming and support resources are available. We will also talk about how to have difficult conversations and how to respond to your student if they want to talk with you about this.

Presented by:

[Sexual Violence Prevention Response Office - svpro.ok.ubc.ca](https://svpro.ok.ubc.ca)

[Equity and Inclusion Office - equity.ok.ubc.ca](https://equity.ok.ubc.ca)

Student Wellbeing: Physical, Mental & Emotional Health and Disability Resources

Your student's wellbeing is important and multi-faceted. Learn more about the services and supports from Health and Wellness (the student health centre on campus), the Disability Resource Centre (facilitating educational equity for students experiencing disability, illness, and injury), UBC Recreation (offering programs and services for an active, healthy campus community), and B.A.R.K. (Building Academic Retention through K-9s, UBC's dog therapy program). Join us to learn more about how these departments come together support your student's healthy and enjoyable experience at UBC.

Presented by:

[Health and Wellness - students.ok.ubc.ca/health-wellness](https://students.ok.ubc.ca/health-wellness)

[Campus Recreation – camprec.ca](https://camprec.ca)

[Disability Resource Centre - students.ok.ubc.ca/drc](https://students.ok.ubc.ca/drc)

[B.A.R.K. - bark.sites.olt.ubc.ca](https://bark.sites.olt.ubc.ca)

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